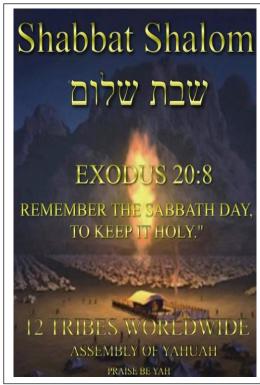
7th DAY Each Week



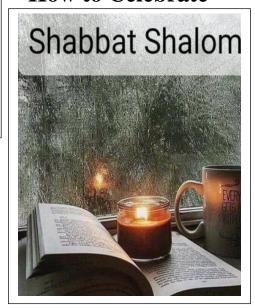
Purpose: Exodus 20:8-11

"8. Remember the Sabbath (seventh) day to keep it holy (set apart, dedicated to YAHUAH). 9. Six days you shall labor and do all your work, 10. but the seventh day is a Sabbath [a day of rest dedicated] to YAHUAH your Elohyim; on that day you shall not do any work, you or your son, or your daughter, or your male servant, or your female servant, or your livestock or the temporary resident (foreigner) who stays within your [city] gates. 11. For in six days YAHUAH made the heavens and the earth, the sea and everything that is in them, and He rested (ceased) on the seventh day. That is why YAHUAH blessed the Shabbat day and made it holy [that is, set it apart for His purposes].

Feast: YAHUAH'S Shabbat

Shabbat is observed every Saturday, which is the 7th day of the week in the Hebrew calendar

How to Celebrate



New Testament
Matthew. 12:8/ 12:12
Mark. 2:27
Luke. 4:16 / 4:31

(Lessons learnt observing Shabbat)

Note: There is a blessing attached to the household for observing and keeping the Shabbat holy.

Video: How to keep the Shabbat <u>https://www.youtube.com/watch?v=QK</u> <u>csHVy7ABU&t=270s</u>

How to Observe: (Physically)

Set Apart the day for:

- Pray as a Family
- Fellowship
- Read & Study the Bible
- Discovering Hebrew Israelite History
- Learning Hebrew Aleph-Bet characters
- Hebrew Bible Board Games
- Meals (cooking) prepared the day prior

How <u>NOT</u> to Observe : (Physically)

Do not engage in buying or selling on the Shabbat, pursuing your own pleasures such as going to the movies, parties, ect and do no laborious work that takes your mind and time away from focus on YAHUAH

Old Testament

Exodus. 16:23-29
Exodus. 31:13-16
Exodus. 35:2-3
Leviticus. 19:3
Deut. 5:12-15
Isaiah. 56:2 / 58:13
Jeremiah. 17:21-22

As we search the scriptures, we are to petition YAHUAH to open our minds and hearts to HIS Righteous Hebraic understanding of the word.